

### CONSENT FOR ADMINISTRATION OF ALLERGEN IMMUNOTHERAPY

The Allergy Clinic hours of operation are 8:15 a.m. – 11:30 a.m. and 12:30 p.m. – 3:45 p.m. Monday through Friday. The Allergy Clinic is not open on weekends or Holidays. Allergy injections **cannot** be administered:

- when a physician is not present in the Campus Health Services setting.
- without complete written instructions regarding the medication, dose, schedule and treatment of possible reactions from your allergist providing the serum.
- Without annual updated written instructions from your allergist providing the serum

Serious adverse reactions during an allergy desensitization program are not common, however, they do occur, and need immediate attention. You must wait at least 20 minutes following your allergy injection(s) in the waiting area outside the Allergy Clinic. If you experience any of the following symptoms, inform the nurse **at once**:

1. Itching of the skin, "pins & needles" sensation of the skin
2. Sudden onset of severe hay fever symptoms
3. Coughing, wheezing, shortness of breath,
4. Tightness in the throat or chest
5. Flushing
6. Perspiration
7. Nausea
8. Dizziness and possibly fainting
9. Rash, hives
10. Facial swelling
11. Anxiety

Although the risk of serious reaction decreases greatly as an individual reaches a stable maintenance dosage, it is never eliminated. I understand that I **am responsible** for the following:

1. Obtaining my allergy extract and reordering it (Preferably, extract should be mailed to your own address and brought to the Campus Health Services. However, if an extract arrives directly to the Campus Health Services, the Registered Nurse will place the package on the shelf in the Allergy Clinic refrigerator.)
2. Informing the Registered Nurse if I am taking any new medications.
3. Assuring that the physician properly labels the allergy extract(s) and the physician orders are complete.
4. Taking my allergy extract(s) with me when not enrolled in UNC Chapel Hill and understanding that Campus Health Services **does not** mail extract(s) left in the Allergy Clinic to patients.
5. Understanding that Campus Health Services does not provide syringes to patients to give their own injections.
6. Understanding that the Campus Health Services assumes no responsibility for misplaced or broken vials.
7. Waiting at least **20 minutes** following injection(s) in the waiting area outside the Allergy Clinic for arm(s) check by the Registered Nurse. Depending on size of reaction(s) the Registered Nurse will treat accordingly. **NO EXCEPTIONS!**
8. Understanding that leaving before the 20 minute waiting period can lead to discontinuation of receiving allergy injections at the Campus Health Services.
9. Complying with the policies and procedures for receiving allergy injections at the Campus Health Services.
10. Informing the Allergy Clinic Nurse if I am taking my extract vial(s) during a Holiday/break period/end of semester.
11. I agree to read the information about allergy injections on the CHS web page, [campushealth.unc.edu](http://campushealth.unc.edu)

\_\_\_\_\_  
Patient Signature/PID Number

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness to Signature and Title

\_\_\_\_\_  
Date

UNC SHS: 1995

Revised: 2/96, 10/99, 6/01, 10/02, 05/04, 7/06, 7/07, 10/09, 3/11 Reviewed: 3/97, 8/98, 9/05, 10/08